

TheraSpecs WearOver Sizing Guide

This guide helps you find the WearOver frame that fits over your prescription eyewear. The red boxes on the following pages are printed at true size; your glasses must fit within the box for that size to work.

Step 1: Print at 100% (No Scaling)

1. In your print dialog, set scaling to "None" or "Actual Size" (100%).
2. Print this document.
3. Verify scale: place a standard credit card over the box below. It must match exactly.
4. If the card does not match, reprint before proceeding— the sizing boxes will be wrong.

Step 2: Find Your Size

5. Place your glasses face-down inside each red box on the following pages.
6. If your glasses fit inside the box, that size can work for you.
7. Choose the size that is just slightly larger than your glasses for the best fit.
8. If your glasses exceed all boxes, contact our team for help.

NOTE: Glasses shown on the following pages are for visual reference only.

The red box on each page is printed at true size. Place your prescription frames face-down inside the box to test fit.

▼ PRINT VERIFICATION – Credit Card Must Match This Box Exactly



If this box does not match your credit card, reprint at 100% before using the sizing pages.

Size Overview

Style	Max Width	Max Height	Best For
York	126 mm	49 mm	Designed for small, round frames. Compact profile with lightweight coverage.
Tatum	142 mm	41 mm	Works well with taller lenses that are square or round in shape.
Milo	145 mm	39 mm	Fits short oval or rectangular lenses. Narrower than the Original with an internal arm channel.
Original	145 mm	40 mm	Best for standard rectangular or oval shapes. Adjustable to fit narrow to wide faces.

Style	Max Width	Max Height	Best For
Esme	145 mm	56 mm	Designed for tall, oversized frames. Features large lenses that fit a wide range of popular styles.
Shea	160 mm	50 mm	Fits very wide, tall, or round frames. Similar to Tatum but wider with a channel inside the arm.

YORK WEAROVER

Designed for small, round frames. Compact profile with lightweight coverage.

Max prescription frame: 126 mm wide × 49 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

126 mm × 49 mm

TATUM WEAROVER

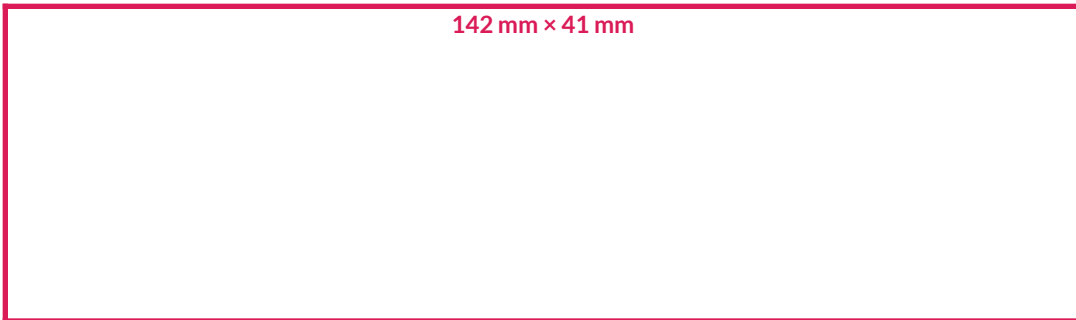
Designed for medium rectangular frames. Sleek, low-profile fit.

Max prescription frame: 142 mm wide × 41 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

142 mm × 41 mm



MILO WEAROVER

Designed for wide rectangular frames. Full coverage with bold styling.

Max prescription frame: 145 mm wide × 39 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

145 mm × 39 mm



ORIGINAL WEAROVER

Our original WearOver design. Versatile fit for medium to large frames.

Max prescription frame: 145 mm wide × 40 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

145 mm × 40 mm

ESME WEAROVER

Designed for oversized frames. Maximum coverage with a dramatic silhouette.

Max prescription frame: 145 mm wide × 56 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

145 mm × 56 mm



SHEA WEAROVER

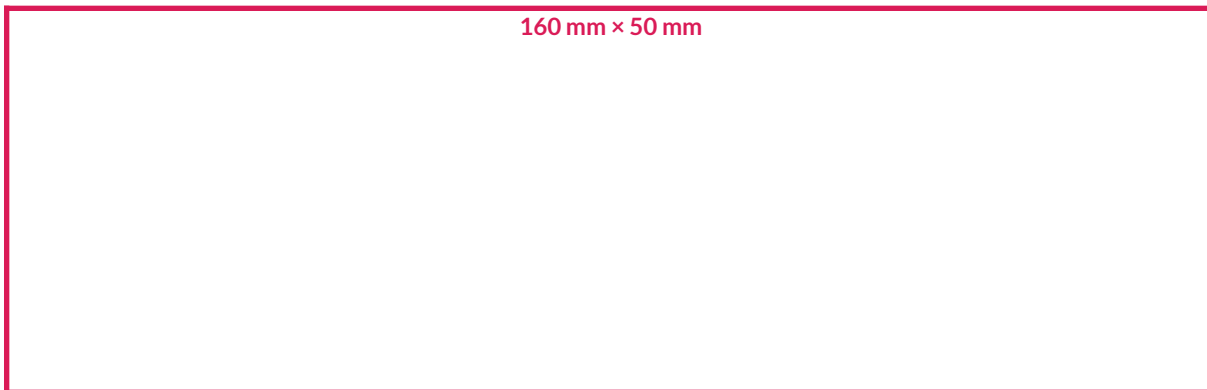
Designed for extra-wide frames. Offers excellent coverage for square frames.

Max prescription frame: 160 mm wide × 50 mm tall



Place your prescription glasses face-down with the arms open inside this box to test fit

160 mm × 50 mm



Need Assistance?

Our customer care team is happy to help you find the right fit:

- Email a photo of your glasses to our customer care team
- Include the measurement of the front of your glasses in millimeters
- Contact: contact@theraspecs.com